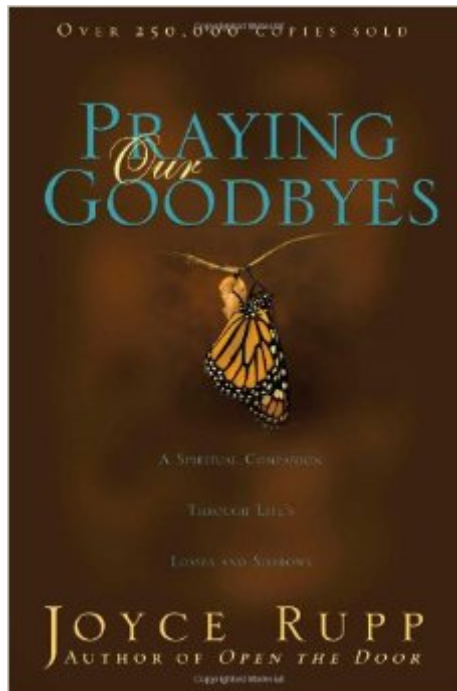


The book was found

# Praying Our Goodbyes: A Spiritual Companion Through Life's Losses And Sorrows



## Synopsis

With 250,000 copies sold, this new edition of Joyce Rupp's most popular book offers a fresh opportunity for readers to reflect, ritualize, and reorient themselves as they navigate life's inevitable changes. Everyone has unique goodbyes--times of losing someone or something that has given life meaning and value. With the touch of a poet, Joyce Rupp offers her wisdom on "these experiences of leaving behind and moving on, the stories of union and separation that are written in all our hearts." *Praying Our Goodbyes*, Rupp says, is about the spirituality of change. It is a book for anyone who has experienced loss, whether a job change, the end of a relationship, the death of a loved one, a financial struggle, a mid-life crisis, or an extended illness. It is designed to help readers reflect, ritualize, and re-orient themselves--to help heal the hurts caused by goodbyes and the anxieties encountered when one season of life ends and another begins.

## Book Information

Paperback: 194 pages

Publisher: Ave Maria Press; Revised edition (October 23, 2012)

Language: English

ISBN-10: 1594712050

ISBN-13: 978-1594712050

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (70 customer reviews)

Best Sellers Rank: #41,133 in Books (See Top 100 in Books) #39 in [Books > Christian Books & Bibles > Christian Living > Death & Grief](#) #76 in [Books > Religion & Spirituality > Worship & Devotion > Prayer](#) #311 in [Books > Religion & Spirituality > Worship & Devotion > Inspirational](#)

## Customer Reviews

My mother gave me a copy of "Praying Our Goodbyes" in 1998, shortly after the death of my son. I am just now getting around to absorbing its wonderful, tender message. I especially like the parts on taking quiet times to reflect on the loss of a loved one. Many may have anger or disappointment with God when a loved one dies and Joyce addresses that and focuses on how our prayers change with loss. She includes many meaningful prayers for various losses in our lives. ---Alice J. Wisler, "Slices of Sunlight, A Cookbook of Memories"

The author's words are profound and provide comfort and guidance to those suffering through the

various good-byes of life. It helped me work through a very painful relationship break-up. Her description of the "existential ache" was a particular comfort and is something we can all relate to. It helps to know one is not alone in one's "aloneness". The prayers and exercises are healing.

My son died 6 mo. ago at the age of 18 & this book was one of the most comforting books I have read. I highlighted passages to refer back to on dark days. Good for all kinds of life's "Goodbyes".

My father died just months ago and it has been very hard to accept. This book was given to me by a relative and has been such a blessing to my spirit. It gives hope and helps turn that darkness to light. The path is still difficult at times but the inspiration this book has brought me has been a great comfort in my life.

This book gave me the courage to leave a place I had lived and loved for 22 years and move to another state. Her descriptions of the loss I felt are right on. I have gifted this book to numerous friends who are facing loss of many kinds. If you're looking for a comforting book on the spirituality of change, this is it!

Joyce Rupp gives techniques to overcome many of the "goodbyes" a person faces in a life time. I found the chapter on Praying our Goodbyes particularly helpful. It does not take away the loss but helps one deal with it.

This book is a good read for almost all levels of life's losses in need of closure. Rupp's detailed explanations for creating a personal "Praying Good-bye" space using a symbolic object item from the loss situation, nature, one's faith, etc. facilitates personal wholeness. Although the writer's Christian faith is predominant in this work, the book can be acclimated to all faiths and perhaps to those with a lack thereof. It is the one book I return to for myself or, when appropriate, to give as a gift to others who may be experiencing a grief, retirement and other loss issues.

We used this work as a resource in a support group for separated and divorced adults in our Catholic parish. The blend of poetry, prose and useful spiritual advice was exceptionally helpful to our group. Deacon Mark Hobson

[Download to continue reading...](#)

Praying Our Goodbyes: A Spiritual Companion Through Life's Losses and Sorrows The Fatherless

Daughter Project: Understanding Our Losses and Reclaiming Our Lives Pray Thy Kingdom Come: Effectively Praying the Powerful Kingdom of God into your life, from Heaven's Perspective (Prayer, Intercession, Kingdom of God, Spiritual Warfare, Effective Results) Plain Tales from the Hills: Rudyard Kipling Collection - 40+ Short Stories (The Tales of Life in British India): In the Pride of His Youth, Tods' Amendment, ... the Night, The Gate of a Hundred Sorrows... The Complete Works of E. M. Bounds: Power Through Prayer, Prayer and Praying Men, The Essentials of Prayer, The Necessity of Prayer, The Possibilities ... Purpose in Prayer, The Weapon of Prayer Sum It Up: 1,098 Victories, A Couple of Irrelevant Losses, and a Life in Perspective Mudhouse Sabbath: An Invitation to a Life of Spiritual Discipline: An Invitation to a Life of Spiritual Disciplines (Pocket Classics) The Seven Sorrows of Mary The Sorrows of Young Werther, Elective Affinities, Novella (Goethe: The Collected Works, Vol. 11) All My Puny Sorrows The Witch of Painted Sorrows (The Daughters of La Lune Book 1) Relic of Sorrows: Fallen Empire, Book 4 Companion Planting: Companion Gardening - A Practical Guide For Beginners To Learn Everything About Companion Planting (Organic Gardening, Container Gardening, Vegetable Gardening) The Grief Recovery Handbook, 20th Anniversary Expanded Edition: The Action Program for Moving Beyond Death, Divorce, and Other Losses including Health, Career, and Faith The Weekend Gamblers Guide to Baccarat: Tips, hints and strategies for the Weekend Gambler on how to maximize your winnings and minimize your losses at Baccarat. (The Weekend Gamblers Guides Book 6) Other Losses: An Investigation into the Mass Deaths of German Prisoners at the Hands of the French and Americans after World War II Unspeakable Losses: Healing From Miscarriage, Abortion, And Other Pregnancy Loss The Grief Recovery Handbook : The Action Program for Moving Beyond Death Divorce, and Other Losses Necessary Losses: The Loves, Illusions, Dependencies, and Impossible Expectations That All of Us Have to Give Up in Order to Grow Warriors Arise!: Spiritual Life â € Spiritual Maturity â € Spiritual Warfare

[Dmca](#)